

Hawaiian Spirituality

Lessons from Old Hawai'i

Linda Ballou, author of *Wai-nani, High Chiefess of Hawai'i*—fabled history couched in magical realism, will be sharing lessons she learned from the People of Old Hawai'i. Her talk opens with an overview of the genesis of the Aloha Spirit-or Lokahi—a time when Hawaiians lived in peace and harmony. Then Linda moves onto the triage of traditional Hawaiian healing methods enjoying a resurgence today.

Following her talk she will take you on a visual journey to sacred sites scattered throughout the Islands with gorgeous images provided by the Hawaiian Tourist Authority

Oct 12, 2012- Program begins at 7:00PM

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